

## The Capitol Café Week OF February 2<sup>nd</sup> 2008

**4 = Fit for Life Item**

Complete catering guide available to help make your meetings a success.  
Stop by the cashier & pick-up a catering menu  
Gift certificates available throughout the year!!!



*"Beginning everyday from scratch"*

**A'viands**

FOOD & SERVICES MANAGEMENT  
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All comments welcome!

**Taco Bar Served every  
MON. & WED**

**Hot roast beef sandwich w/  
mashed potatoes & gravy**

**TUES. & THURS**

**Soup of the day**

**MONDAY**  
Chicken Noodle

**TUESDAY**  
Knoephla

**WEDNESDAY**  
Tomato

**THURSDAY**  
Cheesy Chicken Tortilla

**FRIDAY**  
Vegetable Beef

Open Monday thru Friday  
7am to 4:30pm

Breakfast served Monday thru Friday  
7am to 10:30am

Lunch served Monday thru Friday  
10:30am to 1:30pm  
Closed all weekends & holidays

<b>MONDAY</b>		
Breakfast Grill	Sausage, egg & cheese croissant	\$3.55
Grille	Double bacon cheeseburger w/ BBQ & French fries	\$5.50
Market place	Beef stir fry	\$4.67
Entrees 4		
World Flavors	Taco Bar Monday	\$4.99
Grab and Go	½ Hoagie sand w/ cup of soup	\$3.25
<b>TUESDAY</b>		
Breakfast Grill	2 pancakes, 2 bacon, order of toast	\$2.99
Grille	Fried Shrimp Burger w/ side of fries	\$4.99
Market place	Spaghetti w/ meat sauce, side salad & garlic bread stick	\$4.67
Entrees		
World Flavors	Hot roast beef sandwich w/ mashed potatoes & gravy	\$4.99
Grab and Go	½ turkey club wrap w/ cup of soup	\$3.25
<b>WEDNESDAY</b>		
Breakfast Grill	Rancher's special w/ side of toast	\$3.29
Grille	Buffalo chicken wings w/ celery sticks	\$4.20
Market Place	Fried Chicken w/ seasoned pasta, vegetable & dinner roll	\$4.67
Entrees		
World Flavors 4	Linguini w/ roasted tomato & garlic	\$3.99
Grab and Go	½ Crispy Ranch wrap w/ cup of soup	\$3.25
<b>THURSDAY</b>		
Breakfast Grill	Biscuits & gravy w/ side sausage patty	\$3.05
Grille	Pastrami, coleslaw & Swiss on rye bread w/ side of potato chips	\$4.67
Market Place	Lime shrimp kebobs over rice pilaf	\$5.50
Entrees 4		
World Flavors	Chicken Cordon Bleu w/ Au Gratin potatoes, vegetable	\$4.67
Grab and Go	Veggie wrap (lett, toms, cukes, blk, olives, cheese & peppers w/ mayo)w/ cup of soup	\$3.25
<b>FRIDAY</b>		
Breakfast grill	Texas toast French toast w/ 2 strips of bacon	\$2.99
Grille	Fish & chips basket w/ side of tarter sauce	\$4.99
Market Place	Mushroom Lasagna w/ side salad & garlic bread stick	\$4.67
Entrees 4		
World Flavors	Taco In A Bag	\$3.99
Grab and Go	Soup (cup) & salad bar	\$4.20